

Lake Pleasant Spiritline

'21-'22 Tryout Packet

Thank you for your interest in auditioning for the 2021-2022 squad! Please read the whole packet and decide if this is a commitment you can make. A parent signature on the **acknowledgment/permission page**, along with the **insurance waiver** are required by August 10th. You will not be able to attend the clinic, which means you won't be able to audition, without them. The clinic and auditions are open to current 5th, 6th, 7th & 8th grade students. Due to the anticipated number of candidates, both clinics and tryouts will be closed to any guests.

We understand you may be participating in activities outside of school. However, this commitment we take seriously. If there is a time conflict, we advise you not to audition for LP Spiritline, as this will take the spot of someone who can be at every practice and event.

School sports: Spiritline members will be able to try-out for one school sport this year. However, Spiritline members who play a school sport will not be able to cheer or perform during that season but will be expected to participate in school events (school assemblies, seasonal events, etc.) that will not interfere with the sports schedule.

Clinics:

When: Tuesday, August 10th and Thursday, August 12th

Where: Choir Room – Room #310

Time: 3:15 – 5pm

We will meet in the Choir Room. Please come prepared with your signed paperwork, comfortable clothes, and plenty of water. It is a good idea to eat a light snack before the clinic starts. At the clinic you will learn a cheer, jumps, and a short dance routine. Be sure to wear appropriate clothing. Jeans, sandals, bare feet, exposed bellies, dangling jewelry, and super short shorts are not acceptable. Your hair is to be pulled back and out of your eyes. The coaches will be taking notes on knowledge of materials and attitude throughout the clinic, so bring your "A-Game". You do **not** have to have dance, tumbling, or cheer experience. We encourage anyone to try-out. If it something you have been considering, please give it a shot!

Tryouts:

Tryouts will be held on Friday, August 13th, check-ins will begin at 3:15pm and tryouts will begin shortly after. You will need to perform everything you learned at the clinic in front of judges and coaches. The material will be performed in groups of 3. You will be judged on neatness, attitude, confidence, and knowledge of material. After you complete your tryout performance, you are free to go. Please coordinate transportation accordingly. We do not have a set number of team members, but we cannot take more than 20. We are looking for hard-workers and potential. Announcement of the new members will be Monday, August 16th. (TBD). A parent meeting for the new team will be held on Tuesday, August 17th at 4pm.

Suggested Clothing

Clinic: Sports bra, form fitting t-shirt or tank top, loose shorts with bike shorts underneath, bike shorts that cover all areas, or yoga/capri pants, and tennis shoes. We want to see your personality, so wear what you are comfortable in. The sports bra should be worn under your shirt and your belly should not be exposed. Be comfortable but also be prepared to work hard.

Tryouts: Same as above but be creative and unique. You want to stand out (in a good way). Bright colors and some bling are always a good idea, but not required. Make sure your hair is neatly pulled back. Remember feeling your best helps boosts your confidence. 😊

Spiritline Commitment

Practices: Will be every **Tuesday and Thursday from 3:15-4:30pm.**

We will begin practices on **Thursday, August 19th****

**We only have 3 weeks to prepare before the season begins. During this short period of time, we will require three practices a week being held on Mondays, Tuesdays and Thursdays. August 19th, 23rd, 24th, 26th, 30th, 31st and September 2nd. Starting the week of September 7th, will we begin having two practices a week (Tues and Thurs) for the remainder of the season.

You are required to be at every practice unless your parent notifies the coach ahead of time. Failure to be at practice may result in being suspended/benched from games and performances. If you are absent from school for any reason, your parent needs to email the coach, even if your absence has already been reported to the school.

Games: Will be held on Tuesdays, game time begins at 4:30pm. We plan on cheering at home games only (3 games per season). We will have practice and preparations before each home game. A monthly calendar with all practices and games will be given at the beginning of each season.

Please try to schedule appointments, transportation or other commitments around the calendar. We have a lot of material to learn. If you miss a practice, you will be required to meet with a teammate to learn what was missed before the next practice. If the squad member does not know the material needed before the next event, he/she will be benched from that event. Extra practices may be added if needed before a special performance. Please note, this is a year-long commitment, as we will be cheering for many different sports and school spirit activities.

Grades: A weekly grade check is required. You will be required to bring your grades to practice once a week. A passing grade in every class needs to be maintained. Any grade in jeopardy will need to be brought up by the next event. If it is not brought up, you will be benched from that activity. If you are benched for 3 activities (games or assemblies), you will be released from the squad.

Attendance: You must attend a **full day** of school in order to perform at an event that is scheduled that day. An exception will be given to those who have Dr's appointments and need to be signed out throughout the school day. If a member does not attend school the day of a game, practice, assembly or any event, they may not participate.

Those who are eligible for a game or event, will be required to stay for the whole event. If you need to leave early, a written note or email must be received at the practice **BEFORE** that event, not the day of, so we change formations and other members may need to learn and practice new material. If you are unable to practice/perform due to injury, you must still attend practice.

It takes a very committed, dedicated, and positive person to be successful in this program. This program is time consuming and may not be for everyone. School and Spiritline rules, responsibilities and consequences begin immediately after making the team. It is imperative that parents and the Spiritline members realize this very important fact. Members are high profile individuals, in or out of uniform. Being role models for their school and their sport, they are expected to maintain the highest morals and values, setting positive examples and continuously striving for excellence.

Goals:

Develop and support positive school spirit at athletic events and school functions. Promote a cooperative spirit between student body, faculty and school administration. Be a positive individual who is responsible, with high values and morals, always showing good sportsmanship and proper appearance.

Attitude:

- Every member on Spiritline will be a role model in and out of uniform.
- Your number one priority is SCHOOL SPIRIT.
- You will treat all faculty members, fellow students, your parents, and other Spiritline members with respect. Talking badly of others will not be tolerated.
- You will dress appropriately at school and events.
- You will not use profanity or any offensive language.

Uniforms:

A uniform will need to be purchased and is yours to keep. The cost of uniform, shoes, bow and cheer shirts will be around \$140-\$175. Keep in mind, materials purchased will be used throughout the entire school year. Poms do not have to be purchased. We will talk more about the uniforms and cost after the squad is chosen.

Materials Needed

- Full uniform -vest and skirt
- White tennis shoes (any brand). Logos must be white. No Vans, Converse, Keds or slip-ons.
- 2 Cheer bows
- Black bike shorts or tight-fitting athletic sport shorts that are not loose (Worn under skirt)
- Cheer Shirt

Policy:

- 5 unexcused absences from school and/or practice = suspension from squad
- PDA, disrespect (coach's discretion), drug use = immediate suspension from squad for **ANY** of these
- Any failing grade = bench for next performance
- 3 benches for any reason = suspension from squad

Please let me know if you have any questions. Mrs. Ventrella mventrella@pusd11.net

We look forward to seeing you at clinics! 😊

**2021-2022 Lake Pleasant Spiritline
Acknowledgement/Permission Form**

- I have read the rules and expectations and agree to adhere to them.
- I will be a responsible team member and show up to all events on time.
- I will be a positive role model for my school and peers.
- I will hold myself to the highest morals and values possible.
- I will show respect to my parents, peers, teammates, teachers, and coaches.
- I will follow all directions, rules, and laws to the best of my abilities.

I am interested in being a cheerleader at Lake Pleasant. If elected, I promise to abide by the rules and regulations set forth by the coaches and the school. I promise to cooperate and follow the instructions of the cheerleading coaches.

Student Name

Student Signature

I give _____ (student name) permission to attend the clinics, tryout and possibly be a member of the **2021-2022 Lake Pleasant Spiritline**. I understand if my child is chosen to become a member, I am responsible for assisting my child in all financial, guidelines and time requirements.

Parent/Guardian Signature

Parent/Guardian Name

Students Information:

Name _____ Grade _____ Homeroom _____

Do you have tumbling experience? _____

Do you have cheer or dance studio experience? _____

Parent/Guardian Information:

Name _____ Cell _____ Email _____

Name _____ Cell _____ Email _____

